

Dear parents/carers

Below is the welcome page of a website we use in school for our personal, social and health Education (PSHE). If you google 'Coram my scarf' it should come up. In the children's area you'll find ideas for activities to keep children both physically and mentally healthy. These activities are led by 'Harold the giraffe' through his daily diary, and are free to access. There is also a parent's tab that gives helpful advice on how to keep children safe – particularly at the moment when they are spending a lot of time learning online.

You can of course access as much or as little of these activities as you choose – they are simply there if you feel you need them.

Keep safe everyone and keep smiling!

The screenshot shows the homepage of the Coram SCARF website. At the top left, the logo for 'coram Life Education' is displayed, featuring a red star icon. To its right is the 'SCARF' logo in large, colorful, block letters. Below the logos is a dark red navigation bar containing the following links: 'About Us+', 'Our Resources+', 'Pricing+', 'FAQs', 'My SCARF+', 'Ofsted', and 'Contact Us'. On the right side of this bar are social media icons for Facebook, YouTube, and Twitter. The main content area has a light green header with the text 'Here for you' and 'We're open online and here for you, every day.' Below this, a grey box contains the text: 'Free, practical tools and guidance to help keep children safe - physically and emotionally - at this time of uncertainty. And introducing Harold's Daily Diary - a bright start to every day.' At the bottom of this grey box are three orange buttons: 'Help for teachers', 'Help for parents', and 'Help for children'.